

## ***NATHAN HALE-RAY HIGH SCHOOL – CONCUSSIONS:***

What to expect if your child has a head injury that results in a concussion.

1) If your child is injured at a sporting event, in gym class or during the school day, they will be evaluated by the Athletic Trainer, their coach, their gym teacher or the School Nurse. If symptoms indicate the possibility of a concussion, parents will be notified by a phone call as soon as possible. If necessary, EMS will be summoned to transport child to the emergency room to be evaluated. Otherwise, the parent will be notified and asked to have their child evaluated by their physician to determine if they have suffered a concussion.

2) Once the physician has made a diagnosis of concussion s/he will fax or send by mail their diagnosis to the School Nurse with a completed ACE form indicating what symptoms the student elicits that will impede their learning. The doctor will write an order stating what limitations need to be in place while the student recovers. The Athletic Trainer will conduct Impact Testing for athletes and will share findings with the doctor and the parents.

3) Based upon the doctors' orders, the School Nurse will write a care plan for the student to return to school with the limitations the doctor has put in place. The School Counselor, based upon the symptoms identified by the School Nurse, the Athletic Trainer or a physician, will create accommodations.

4) Copies of this care plan will be given to the parents, the teachers, and the School Counselor. The student will meet with the School Nurse to understand how the care plan will support them during their recovery.

5) Students are to check in with the School Nurse and/or School Counselor every day and whenever student experiences changes in symptoms. The purpose is to monitor academic as well as health progress and to address any problems encountered during recovery period. Adjustments to the student's academic accommodations are to be communicated to the School Counselor. School Counselors will communicate changes to the student's teachers.

6) When the doctor has diagnosed that the concussion has been resolved s/he will notify the School Nurse in writing that the concussion is resolved and the student may return to sports and his/her regular course of study.

7a) Once the doctor's order is received, then the care plan accommodations will end. Teachers, School Counselor, coaches, Athletic trainer and Athletic Director will be notified that the concussion is resolved and the student may return to their regular activities.

7b) The doctor may order that the Athletic Trainer follow the "return to play evaluation procedure". When the Athletic Trainer finds the student able to return to play, she may clear the student for sports activity. She will notify the School Nurse and the Athletic Director that the student is cleared for sports participation.

8) If signs and symptoms of concussion exceed 2 weeks, a 504 Meeting is scheduled to design an explicit course of action to follow.